

The Listener

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Summer Edition - 2019/2020

Grafton - Glen Innes - Inverell

Welcome to the Summer 2019/2020 edition of Accent Hearing's Newsletter The Listener. We explore helpful hearing tips on all hearing matters.

How do we hear?

- 1. Sound funnels into the ear canal and causes the eardrum to move.
- 2. The eardrum vibrates with sound.
- 3. Sound vibrations move through the ossicles (the middle ear bones) to the cochlea.
- Sound vibrations cause the fluid in the cochlea. to move.
- 5. Fluid movement causes the hair cells to bend. Hair cells create neural signals which are picked up by the auditory nerve. Hair cells at one end of the cochlea send low pitch sound information and hair cells at the other end send high pitch sound information.
- 6. The auditory nerve sends signals to the brain where they are interpreted as sounds.



These Are Called EYE MUFFS!

Do you use a lawn mower, leaf blower or perhaps just work in an environment with excessive noise and also need eye protection? If so, then these are for you!

They are the latest in hearing and eye protection 'all in one', recently winning an Industrial Safety and Hygiene News 2019 Australian Reader's Choice Award.

These are now available from Accent Hearing and would make the perfect gift!

Proms Concert Donates to Firies

The local Clarence Valley Orchestra & Chorus conducted by our Audiologist Greg Butcher, has kindly donated this year's proceeds from their annual 'Afternoon at The Proms' concert series at the Saraton Theatre, to the local Rural Fire Brigade Community.

Your locally owned independent Audiology Clinic Accent Hearing has also added to the donation which will go towards helping local RFS Brigades with the purchasing of in-house equipment, in which they will not have to fundraise themselves by running BBQ's or the like etc.



Hearing Aid Batteries & Children

The Australian Competition and Consumer Commission (ACCC) has been investigating the safety of button batteries and whether regulation is required under the Australian Consumer Law to address their





Button batteries are used in most hearing devices and are very dangerous to children.

Over The Counter "Hearables"



Do you have a mild to moderate hearing loss? Many of us have hearing issues as we grow older and yet things may not be bad enough to warrant a proper hearing aid.

An Australian company Nuheara has now addressed this sector of the market with its IQbuds, a pair of true wireless earbuds that

have Bluetooth connectivity to either an iPhone or Android mobile phone.

Like most true wireless earphones, the Nuheara are supplied in their own charging case that can provide up to 20 hours of music playing time, or 32 hours of hearing enhancement before the charging case needs recharging itself. Central to the Nuheara earphones is the free smartphone app that's available for both Android and iPhone devices.

The Nuheara IQbud Boost earphones play music superbly with great balance between bass and treble in stereo. However, the Nuheara goes further than most earphones because they also offer a function called World, which can boost external sounds for better hearing by removing background noise and amplifying the sounds, just like a digital hearing aid. World enables the user to decide the amount of external sound comes through to the earphones, even when playing music. It's ideal for when cycling or jogging, as it makes the user aware of their surroundings. The World function has pre-sets for various situations including *Workout*, *Street*, *Home*, *Office*, *Restaurant*, *Driving*, and *Plane* mode.



Hearables are much less expensive than hearing aids, and might be just the right thing if you think you are 'too young' for hearing aids and have a mild hearing loss. A trial by the University of Melbourne indicates they can help children in classrooms who have been diagnosed with Autism or an Auditory Processing Disorder (APD), a condition that affects

up to 5% of school-aged children. Common APD symptoms include asking 'what' a lot, inattentive behaviour, mishearing words, poor spelling skills, the child's language developing later than their peers, or they just have trouble concentrating and hearing the teacher in the general classroom with some background noise etc.

Accent Hearing is in the process of working with Nuheara and the IQBuds will be available soon for trial. For more information on price and models, please ask for a brochure at Accent Hearing Clinic.

Testimonial Corner....

I am writing to acknowledge the improved state of my hearing following the session at your Grafton Clinic. Quite simply, my wife made a positive comment that for the first time in recent years she did not have to repeat herself in conversation with me after that session, and the following day.

There has been a net benefit from the re-tuning of my hearing aids that you carried out, and I am very happy with the result, more importantly, my wife is happy. I am very grateful that you extended the time for that session and pursued your course to achieve the improved result.

Cheers, John N

Please note:

All clinics will be closed from 1:00pm Monday 23 December and will re-open on Monday 13 January 2020.

Please call in or ring for batteries now if you require them over the holidays.

All Staff at Accent Hearing wish you a Merry Christmas and a Happy New Year over the Festive Season.



Accent Hearing Clinics - 1300 859 828

- GRAFTON | L5 'The Link' 50 Prince Street, Grafton Shopping World, Grafton NSW 2460 (PO Box 1500).
- **GLEN INNES** | Glen Innes Chiropractic Centre, 113 Meade Street, Glen Innes NSW.
- INVERELL | Skybridge Financial Building, 129-135 Otho Street, Inverell NSW.

Accent Hearing is independent and locally owned. Our clinician Dr Greg Butcher, is a University trained Doctor of Audiology; an accredited Member of Audiology Australia & Independent Audiologists Australia. He is also a qualified Government & Medicare Hearing Services Provider.